

**“A very good and worthwhile scheme.”**  
**CSD1-2-1 Case Studies**

**Member Case Study 1**

My mentoring started on a five-day charter in 2018. My skipper was an effective and pleasant coach so I asked him to formally mentor me. During the next fifteen months I kept in regular touch with my mentor who was always keen to hear about how I got on during sailing voyages. In discussions before and after voyages his advice prompted me to think in a different way. As a result I made different decisions about planning and what to focus on.

For example, during one voyage my mentor took an attentive “back seat” and provided prompters on a couple of occasions, such as to take account of the crew’s expectations. The planned long trip met with concerns about the crew, seasickness and unfavourable wind conditions. On passage, my mentor empowered me to decide on and implement a change of destination.

On board, my mentor has an encouraging and proportionate way of coaching. Throughout the entire process he was invariably helpful and made time to create time to discuss things. I feel I really developed a lot and I think achieving coastal skipper in July 2019 reflected that. I would recommend my mentor to anyone and also the mentoring process in general.

**Member Case Study 2**

CSD1-2-1 has definitely been worthwhile. It has given me direction and also helped me identify specific areas where improvement is required. I also feel part of an organisation that is engaged with my training. I would recommend CSD1-2-1 to others.

My mentor suggested and has been very proactive in facilitating my sailing with different skippers. This has broadened my understanding. All seven skippers I have sailed with this year have been generous and consistent with their feedback, which has improved my confidence and capability. I see my mentor on a regular basis.

I have covered the topics I wanted to with a good mixture of practical and theoretical support. My mentor is able to challenge and stretch my aspirations in a positive and constructive manner. I have now completed over 800 miles in CSD’s boat Sea Essay including eight night hours. I completed my Day Skipper theory this year, aspiring to complete the practical in 2020.

### **Member Case Study 3**

Our mentoring has been in place for just over a year and we agreed that it has served its purpose very well and should now be concluded. We plan to continue in an informal way, including sailing together.

For me, establishing the relationship was rather more straightforward than had been anticipated; developing from a shared sailing trip around the time the scheme was being set up.

Facilitated by the scheme, the interaction evolved quite naturally, based on joint trips afloat rather than arranged meetings ashore, which seemed preferable to us both. As well as practical tutoring by my mentor, advice has been sought and provided on selection of shorebased RYA training towards additional qualifications. In addition, practical challenges such as offshore qualifying passages have been recommended and facilitated by my mentor. Within the past year I have attended and passed a YM Theory course and am looking to build on this by gaining further, more practical qualifications.

My goals continue to be: to enhance enjoyment of sailing; gain practical experience; progress as a member of CSD; and, increase proficiency in all aspects of sailing and skippering a yacht. The scheme has certainly been of value and is recommended to others. My thanks again to my mentor for his excellent support and guidance over the past year for so.

### **Approved Skipper Case Study**

Both my mentees found the scheme to be helpful and fulfilling. Both have now 'cut the cord.' Our relationship lasted 12 months during which time they felt they had achieved their objectives in establishing a clear path to where they wanted to be in terms of gaining sailing qualifications and experience, and how to get there.

One achieved passage planning experience, skippering passages over 60 miles, gaining night hours and passing YM theory. The other gained experience of passage planning, boat handling and skippering a coastal passage, subsequently passing the RYA coastal skipper course.

The time and effort involved was manageable. I sailed with both mentees and discussed training opportunities and experiences with them by phone and email. I would certainly recommend CSD1-2-1.