



## SKIPPERS NOTES – Yacht Sea Essay of Hamble

Newsletter No 02/2020

### Introduction

This is an occasional document issued by the Yacht Secretary on behalf of the CSD Committee, which will be placed on the CSD website and/or sent to all CSSA approved Skippers in CSD when there is new and/or important operational information to promulgate. There is no intention to produce newsletters on a regular basis. Each one is numbered in sequence every year so recipients can identify if any are missing.

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### Sailing with the threat of Coronavirus

This SN takes account of current Government advice and it may be withdrawn or amended as that advice changes in response to controlling the coronavirus epidemic. The following does not obviate the advice to follow government rules and guidance for controlling the spread of coronavirus. Two useful links are:

<https://www.gov.uk/coronavirus>

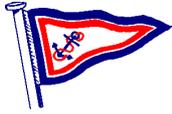
<https://www.rya.org.uk/knowledge-advice/current-affairs/Pages/coronavirus-covid-19.aspx>

It is paramount to remember that we are all responsible for our own actions and the effects they may have on others. Even with regular testing no one can guarantee that they are free from the virus. Hence, we are all reliant on everyone being conscious of the risk of any of us being exposed to the virus.

Sea Essay is now available to charter. The use of Sea Essay should be in-line with the guidance published by government and the RYA at the time of sailing. This advice may change from time to time. It is for crew to decide how best to comply with government guidance but the information in this document sets-out what CSD requires of all who sail aboard Sea Essay. If you need advice please contact the charter organiser or yacht secretary.

If it becomes necessary for CSD to withdraw from chartering due to changes in rules, we will notify those with bookings and offer rescheduling or refunds. If you need to cancel a charter as a result of coronavirus affecting skipper or crew then CSD will look favourably on rearranging charters or refunding as appropriate.

The Health Declaration in Section 10 of the Charter Agreement has been amended to include the following:



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The Approved Skipper and all crew members declare that neither they or a member of their household are exhibiting symptoms of an infectious illness requiring self-isolation or are in a period of self-isolating after being in contact with someone who has symptoms or has tested positive for an infectious illness.

The Crew List has also been amended:

In signing here, the Crew contract with the Club as stated, defined and on the date first mentioned in the Agreement, including the Crew's Articles specified in Schedule 2. **They also confirm the declarations from Sections 9 and 10 of Schedule 1. All must sign before departure.**

Although we can anticipate these requirements being further relaxed at some point it is expected that coronavirus will remain a hazard for the foreseeable future and it is advisable to adopt sensible protocols to try and minimise the risks of contamination.

### Prior to your charter

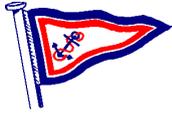
- Please ensure you are aware of the latest government rules and guidance and that of the RYA as appropriate. The government has asked people to act responsibly and CSD has no enforcement powers and is relying on members taking sensible steps to protect themselves, their fellow crew and those crews who board after them
- There is much information available online concerning the science of coronavirus and on the efficacy of different measures. Government advice changes regularly and you should take this into account.

### Personal Health:

- No-one with clinical signs of CoViD-19, or who is required to self-isolate by the government should board Sea Essay (don't leave home)
- No one on board who has a member of their household or support bubble exhibiting symptoms of the virus or is self-isolating after being in contact with someone who has symptoms or has tested positive
- Whilst CSD has not made it mandatory, crew might wish to get tested for CoViD-19 in the 48 hours prior to boarding to provide reassurance that everyone is likely to be healthy
- If you develop signs of CoViD-19 or are notified by the test and trace service that you should self-isolate you should leave the boat as soon as practical and the remaining crew should contact the CSD Charter Organiser or Yacht Secretary for advice.

### Boarding process

- Contact MYH Office to arrange collection of boat keys and access card
- Use the access card to gain entry to pontoons and facilities (to prevent touching the keypads)
- Reduce risk of virus transfer onto the boat by sanitising or washing your hands before, or as soon as practical after boarding the boat
- If you are not confident that people who have been on the boat in the previous 72 hours (such as previous crew, YH team members or contractors) have followed these rules you are advised to disinfect those hand holds and touch areas not exposed to sunlight in and around the cockpit upon boarding
- Again, if you're unsure whether it has been done, carry out the enhanced clean outlined below in the cabins, saloon, galley and heads
- Disinfect the buckles and straps of the lifejackets as they are handed out to the crew. Please record which LJ is used by each crew member so it can be quarantined if the wearer later develops symptoms
- The skipper and crew should agree at the start of the charter how social distancing will be achieved where this is possible and what personal protective measures will be taken above and below decks as appropriate



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### During the charter

- Try to minimise the number of people and the time spent below. When not at sea keep hatches open to generate airflow through the cabins and saloon
- If it is safe to do so rely on the chart-plotter. However, you should not put safe navigation at risk and if you need to use paper charts please try to minimise exposure/contact by wearing gloves or taking other measures to minimise the risk of them being contaminated
- Do not enter ports which are under Local Lock-Down restrictions. You should check-ahead with marinas that they are open before entering
- Be responsible towards your fellow crew and those you meet ashore.

### At the end of the charter

- Repeat disinfection when LJs are handed back in. Do not return them to the locker but leave them to air on the saloon table
- At the end of your trip complete the actions on the Closedown Checklist with the final actions being an enhanced and thorough clean followed by a disinfectant wipe down of all hard surfaces below, again with particular attention to the chart table, galley, door handles and heads
- Note: If there is dirt and grime left then disinfectant is much less effective and any virus may remain longer
- Carefully wipe down switches and Plotter, Radio and Instrument controls
- CSD is providing an aerosol disinfectant spray (e.g. Ramsol). This must be left on board and used as directed. This is an expensive product but is intended to be used at the end of the charter in addition to the enhanced cleaning and disinfection specified. It should be used after other cleaning has been completed below decks to spray the cabins and saloon allowing the mist to settle on the soft furnishings. It should also be used to spray inside the cockpit lockers
- Finally, in and around the cockpit, disinfect all hand holds and likely touch surfaces that may not have been exposed to direct sunlight
- Ensure you dispose of all cleaning cloths safely in sealed waste bags.
- As a further risk reduction, you are asked to photograph your signed Handover Clearance Note and Closedown Checklist and text/email them to the next Skipper, the Yacht Husband and Yacht Secretary. There is no need to send these by post
- Follow MYH staff instructions for handing in keys and access card
- If during or within 15 days of the end of the charter any member of the crew develops relevant signs or symptoms the skipper is to inform the CSD organiser or another committee member immediately

You will need to provide your own disinfectant in liquid and wipe form together with disposable cloths/paper towels plus bags to secure them in after use and take home with you for washing or for disposal.

The Closedown Checklist has been amended to emphasise the cleaning and disinfecting expected, with the outgoing Skipper signing that 'the boat has been cleaned and left in a safe and satisfactory condition ready for handover'.

The enhanced cleaning regime described above is to become the norm. If CSD receive a report of possible contamination from a crew member developing symptoms during or following a charter:

- Subsequent crews who may have been exposed will be informed immediately
- Steps will be taken to quarantine the boat and instigate a professional deep clean

Adrian Barnes  
Yacht Secretary